

Greetings from the SD Diabetes Prevention & Control Program (DPCP) and welcome to the October 4th edition of the "DPCP FYI". Each FYI is received by over 400 diabetes care professionals in and around South Dakota. If you have trouble with the links, the e-bulletin is also posted on the DPCP website at <http://diabetes.sd.gov>. If you have suggestions for improvement to the FYI or if I can otherwise be of assistance, please let me know. Colette

This issue's topics~

- **Mt. Rushmore Marathon - "Reasons To Run" Volunteers Needed**
- **MRCDE Fall Conference-October 18th and 19th**
- **Position Available at Regional Medical Clinic in Rapid City**
- **Grant Opportunity for Licensed Nutritionists**
- **"Diabetes History Has Always Been: Hope for the Future" on October 28th**
- **SD Health Department Expands Tobacco QuitLine**
- **Grant Available for Nutrition and Physical Activity Programs That Encourage Healthy Lifestyles for Youth**

#### **Mt. Rushmore Marathon - "Reasons To Run" Volunteers Needed**

Want to have some fun and assist the Juvenile Diabetes Research Foundation in raising funds for a cure? Come volunteer at the Mt. Rushmore Marathon "Reasons To Run"! The race is Sunday, October 7<sup>th</sup> and your commitment would be a few hours starting at 5am. If you have questions, contact Gala at 605 376-8639 or [gwoitte@gmail.com](mailto:gwoitte@gmail.com). To sign up go to [www.mtrushmoremarathon.com](http://www.mtrushmoremarathon.com), click on Volunteer Sign Up, and Aide Station and enter JDRF in the comment section.

#### **MRCDE Fall Conference-October 18th and 19th**

The Mount Rushmore Chapter of Diabetes Educators is sponsoring ***Managing Diabetes During Challenging Times: Diabetes 2007*** on October 18th and 19th at the Holiday Inn City Center in Sioux Falls. Presenters will discuss the Hutterite and Spanish cultures; Depression and Diabetes; Behavior Change in Patients and Health Professionals; Working with Challenging Patients and Families; Managing Hyperglycemia from Admit to Discharge; Inpatient Hyperglycemia Management; and Living Gluten Free. Further information is available from Mary [Haan-Mary.Haan@mckennan.org](mailto:Haan-Mary.Haan@mckennan.org) or (605) 322-8998.

#### **Position Available at Regional Medical Clinic in Rapid City**

A Diabetes Educator position is available at Rapid City's Regional Medical Clinic/Endocrinology department. The main function will be to plan, coordinate and provide diabetes education per patients appropriate to their age. The individual must demonstrate and possess the ability to assess data reflective of the patient's status and interpret the appropriate information needed to identify each patient's requirements relative to his or her age-specific needs. Care is provided on a continuing basis to achieve optimal health for patients and families in accordance with accepted hospital standards and policies of the state of South Dakota. Education/Experience: Certified Diabetes Educator certification preferred. Registered Nurse or Registered Dietitian with current South Dakota license. Must have at least two years clinical

experience, preferably just prior to assuming position. For further information or to apply, call Human Resources at 605 719-5510 or <https://www.rcrh.org/Jobs/PositionsAvailable.aspx>

### **Grant Opportunity for Licensed Nutritionists**

The SD Department of Health, Nutrition and Physical Activity Program, is soliciting requests from Licensed Nutritionists in the state to obtain either Certification of Training in Adult Weight Management or Certification of Training in Childhood and Adolescent Weight Management. The purpose is to increase the capacity of SD communities to prevent and treat obesity. Up to three \$400 grants will be provided to partially support obtaining this training. All other expenses are the responsibility of the Licensed Nutritionist or their employer. Each \$400 grant award will be provided after the pre-approved applicant completes the training and submits a letter to the Department of Health confirming completion of the training and requesting payment of the \$400 award. In order to obtain these certifications, the recipient must complete all three components of these training programs—a self-study module (8-9 hours of reading and a pre-test), a 2 ½ day live workshop, and a post test. Participants must pass the pre-test to attend the workshop. The Certification of Training in Childhood & Adolescent Weight Management will be offered November 4-6, 2007 in Chattanooga, Tennessee, and May 18-20, 2008 in Dover, Delaware. For further information: <http://www.cdrnet.org/wtmgmt/childhood.htm> The Certification of Training in Adult Weight Management will be offered November 15-17, 2007 in East Rutherford, New Jersey and May 16-18, 2008, in Dover, Delaware. For further information: <http://www.cdrnet.org/wtmgmt/CertificateOfTraining.htm> For further information or an application, contact Kristin Biskeborn at [Kristin.Biskeborn@state.sd.us](mailto:Kristin.Biskeborn@state.sd.us) or 605 734-4551.

### **"Diabetes History Has Always Been: Hope for the Future" on October 28th**

The Black Hills Diabetes Association, Inc. welcomes Dr. Thomas J. Hanson of Regional Medical Clinic-Endocrinology who will speak on "Diabetes History Has Always Been: Hope for the Future" on Sunday, October 28<sup>th</sup> at 1:30 pm at the Rapid City Regional Hospital Auditorium. Dr. Hanson served as the Co-Medical Director of the Diabetes Treatment Centers of America and was Clinical Director at the University of Texas Health Science Center. This program should prove beneficial to all people with diabetes, their families, friends and health care professionals. For further information call 605 923-4682.

### **SD Health Department Expands Tobacco QuitLine**

South Dakotans who need help kicking the tobacco habit can now get free cessation medications and coaching from the Department of Health's tobacco QuitLine. QuitLine users previously paid half the cost of cessation aids. The QuitLine is also expanding the number of times tobacco users can receive services – up to three times. In addition to coaching services, the QuitLine offers participants a choice of free NRT patch, or NRT gum, or prescription medication. South Dakotans can sign-up by calling toll-free, 1-866-SD QUIT (1-866-737-8487). Healthcare professionals play a vital role in the QuitLine's success by encouraging patients to quit tobacco and by referring them to the QuitLine's services. As a healthcare professional, some specific information for you to share:

- Those who have previously used the QuitLine (QL) but have relapsed may now use the line up to a total of three times in their lifetime. Repeat service is available 3 months after the last date of service from the QL.
- QL participants have a choice of one of the following: up to 8 weeks of patch or gum, or up to 12 weeks of Zyban FREE.
- Relapsed QuitLine participants who have used Zyban that was provided by the SDQL during a previous cycle of SDQL service may be eligible for free Chantix.

For more information about the QuitLine or to obtain prescription forms, contact Brandi Alford, Tobacco Cessation Coordinator at (605) 347-4467 ext 226. You may also order free tobacco control resources online <http://doh.sd.gov/catalog.aspx>.

### **Grant Available for Nutrition and Physical Activity Programs That Encourage Healthy Lifestyles for Youth**

The South Dakota Department of Health has grant funds available to support activities that encourage healthy lifestyles for youth through physical activity and nutrition. Funds will be used to support activities to improve policy and environment through physical activity and nutrition. Applications will be accepted from all public, private and BIA K-12 schools and out of school time programs. All projects funded with this RFP must focus on children and youth. The DEADLINE is October 31, 2007. For more information and application, go to [www.healthysd.gov](http://www.healthysd.gov) under the schools tab.

Colette Hesla RN, BSN  
 Diabetes Prevention & Control Program Coordinator  
 SD Department of Health  
 615 E Fourth Street  
 Pierre, SD 57501  
 (605) 773-7046  
 (605) 773-5509 fax  
<http://diabetes.sd.gov>  
[colette.hesla@state.sd.us](mailto:colette.hesla@state.sd.us)